



Karin Sugar

Gallup-Certified CliftonStrengths Coach · Leadership Alchemy

"The things that make you brilliant can also create your blind spots. What if you could understand how you're wired — and intentionally choose how to use it? I call it Leadership Alchemy."



SPEAKING

Strengths-based keynotes and interactive sessions for conferences, teams and away-days. No prior knowledge or assessment required - everyone leaves with a fresh insight into how they're wired, and how much more is possible when they use it on purpose.

Leadership Alchemy: From Autopilot to Intentional Leadership *(Keynote)*

Keynote · also available as an interactive session

The traits that made you successful run on autopilot — so natural you can't see them — and the same wiring that makes you brilliant quietly creates your blind spots. A warm, thought-provoking and practical introduction to Leadership Alchemy that leaves people seeing themselves a little differently, and wanting to turn autopilot into intention.

Leadership Alchemy: From Insight to Action *(Signature Workshop)*

Workshop · a ready-to-run, practical introduction to how you're wired

A complete, self-contained session that needs nothing prepared in advance — no theme to choose, no assessment to take. Participants learn practical self-discovery tools, catch an automatic pattern in real time, and leave with one concrete step mapped to how they actually work. The ideal opener for a community, network, or company event with no single shared challenge to build around.

Leadership Alchemy: Lead From How You're Wired *(Flexible Workshop)*

Interactive session · built around your team's current challenge

One proven strengths-based method, aimed at the theme that fits your audience — navigating change and uncertainty, building resilience, career transitions, performance and goals, or working better together. Tell me the focus that complements your programme, and I'll build the session around it. Participants leave with a fresh understanding of themselves, and practical ways to use their strengths on purpose.

The Strengths Advantage: How to Thrive in the Age of AI *(Keynote)*

Keynote · for audiences navigating AI and change

AI is brilliant at output - but the more AI produces, the less that output is worth - and the more your human core matters. This talk reframes the fear, showing why your human strengths become more valuable as AI rises, and gives a simple framework for partnering with it. People leave able to see, clearly, the value only they bring.

ABOUT KARIN

- › Gallup-Certified CliftonStrengths Coach — one of fewer than 10 in Israel
- › 30+ years across global corporations, consulting, and coaching — including 8+ years at Cisco Systems
- › International speaker across New Zealand, Australia, and the USA — including the Building Business Capability conference (2012–2015 & 2018), audiences up to 200
- › Extensive facilitation experience — designed and taught a university-level course, and ran a 5-year monthly speaker series for IIBA New Zealand (Christchurch), regularly stepping in to present or lead workshops herself
- › Holds a degree in Psychology
- › Works with founders, leaders, startups and teams
- › Delivered in English

BEYOND SPEAKING

Karin also works with individuals and teams through personalised, assessment-based coaching — 1:1 executive coaching, co-founder coaching, and team strengths programmes where each person completes the CliftonStrengths assessment and their real profiles and dynamics become the material for the work.